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The Goddess Pose, Michelle Goldberg's-yes, audacious-new biography of Indra Devi, is not just an investigation of one of the twentieth century's most fascinating and fearless iconoclasts, but a celebration of female freedom and everything it can bring: an appetite for adventure, fearlessness in the face of challenge, and, most important, discovery and assertion of self (Anna Holmes, founding editor, Jezebel)

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For anyone interested in the practice, The Goddess Pose offers an irresistible story of yoga s unlikely and, yes, even audacious origins. BookPage In The Goddess Pose, Michelle Goldberg brings Indra Devi, a complicated and incredible woman, to life in Technicolor brilliance, as she bops, Zelig-like, through some of the most important events of last century from the Russian Revolution to the rise of Nazism, to the JFK assassination. I ll never think of yoga the same way again and neither will ...

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A sweeping picture of the twentieth century that travels from the cabarets of Berlin to the Mysore Palace to Golden Age Hollywood and beyond, *The Goddess Pose* brings the Devi's little known but extraordinary adventures vividly to life. 'Elegant and richly drawn . . . With a jeweler's eye for detail, Goldberg presents a singular woman' *New York Times*

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Reviewed in the United States on September 5, 2017. Verified Purchase. The Goddess Pose chronicles the life of Eugenia Peterson, later known by her assumed name Indra Devi. Ms. Goldberg traces this fantastical life with a surfeit of objectivity and context.

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The Goddess Pose: The Audacious Life of Indra Devi, the Woman Who Helped Bring Yoga to the West. When the woman who would become Indra Devi was born in Russia in 1899, yoga was virtually unknown outside of India. By the time of her death, in 2002, it was being practiced everywhere from Brooklyn to Berlin to Ulaanbaatar.

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Description. When the woman who would become Indra Devi was born in Russia in 1899, yoga was virtually unknown outside of India. By the time of her death, in 2002, it was being practiced everywhere, from Brooklyn to Berlin to Ulaanbaatar. In *The Goddess Pose*, New York Times best-selling author Michelle Goldberg traces the life of the incredible woman who brought yoga to the West and in so doing paints a sweeping picture of the twentieth century.

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The Goddess Pose: The Audacious Life of Indra Devi, the Woman Who Helped Bring Yoga to the West, Alfred A. Knopf, New York, 2015 (322pp.\$26.95) Now that yoga is the province of slick promotions, self-indulgence, and the sweat-box mentality of exercise studios, it is hard to conceive of its beginnings in the rejection of ego and the acceptance of disappointment and suffering as the essence of life. As a system of physical fitness, yoga is a modern phenomenon.

~~The Goddess Pose by Michelle Goldberg — Goodreads~~

“ *The Goddess Pose*, Michelle Goldberg ’ s—yes, audacious—new biography of Indra Devi, is not just an investigation of one of the twentieth century ’ s most fascinating

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and fearless iconoclasts, but a celebration of female freedom and everything it can bring: an appetite for adventure, fearlessness in the face of challenge, and, most important, discovery and assertion of self. ” —Anna Holmes, founding editor, Jezebel

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